

# SEXUAL AND REPRODUCTIVE RIGHTS AND RESPONSIBILITIES OF ADOLESCENTS AND YOUNG PEOPLE



Adolescents and Young people in Botswana are entitled to certain rights that grant them access to reproductive health information and services, and enable them to decide freely and responsibly on all aspects of their sexuality. These rights are enshrined in the laws of Botswana and international human rights conventions and consensus documents that Botswana is signatory to, including (The Convention on the Rights of the Child (CRC 1989), World Conference on Human Rights (1993), International Conference on Population and Development's Program of Action (1994), The United Nations Fourth World Conference on Women Platform for Action (1995), African Charter on the Human and Peoples' Rights ().

I know my Rights and I also Know my Responsibility

## I know my rights



#### **Rights**

Right to complete information about all my rights hat are guaranteed under Botswana laws, policies and international conventions

Right to be treated with dignity regardless of level of education, social status, gender, age, or any other characteristic that may make me vulnerable to abuse or exclusion (being left out)

Right to correct and complete information on sexuality and reproduction including the benefits, risks, and relative effects of all contraceptive methods such as condoms.

Right to quality affordable sexual and reproductive health services with my privacy and confidentiality ensured

Right to choose whether to engage in sexual activity or not, if and when and whom to marry, choose partner, and decide whether or when to have children.

Right to receive explanation about the processes I undergo when receiving health care services such as physical examinations or laboratory tests

Right to informed consent, comfort, safety and to be treated equally when receiving services

The right to a healthy and safe environment—free from fear shame, guilt and other imposed beliefs that inhibit my views and sexuality

Right to freely express my views about health care services and all programs and policies designed for youth

Right to be free from discrimination, coercion (being forced) and violence in my sexual relationship.

Right to effective legal protection against abuse including rape, incest, defilement and sexual exploitation

Right to be free from harmful cultural and traditional practices such as labia pulling, dry sex, sexual experimentation during funeral rites, or any other practice that can put your health at risk

### I also know my responsibilities



#### Responsibilities

Responsibility to seek information about my rights and demand that my rights are respected and protected

Responsibility to know and respect the rights of others including my sexual partner, parents, and employer's

Responsibility to seek health information and clarification about prevention of pregnancies, sexually transmitted infections and HIV/AIDS; use this information wisely and share it with friends and family.

Responsibility to seek and use sexual and reproductive health services and demand that privacy and confidentiality are ensured

Responsibility to protect myself from preventable diseases and conditions such as sexually transmitted infections (STIs), HIV and AIDS, unwanted pregnancies, unsafe abortion, sexual violence, drug abuse and to protect my sexual Partner as well;

Responsibility to seek explanation about health care services and processes; Also responsibility to seek health care immediately upon recognizing signs of ill health and to complete prescriptions as recommended.

Responsibility to seek information about the risks and benefits of treatments such as an operation before agreeing to undergo that operation

Responsibility to demand to be treated in a safe environment

Responsibility to request meaningful involvement in programs and policies that are designed for youth and to contribute positively.

Responsibility to recognize situations of discrimination and abuse and to report it immediately

Responsibility to seek information about legal protection agencies and to report such abuses immediately

Responsibility to advocate for laws, policies and programs that support the rights and health of young people in my community and country

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For more Information about your right to Information and youth friendly services, contact your nearest health facility (District Hospital, Primary Hospital, Clinics, health posts, & BOFWA Clinics). For urgent information and counseling contact the Ipoletse Call Center at the toll free number 0800600700